

# 2024-2025

FIELD MIDDLE & HIGH SCHOOL CHEERLEADING TRYOUTS  
For the 2024-2025 Football, Basketball & Competition Seasons



**Tryout Practices: Monday-Wednesday, April 22-24th**

**Field Middle School Gym 5:00-8:00pm**

**Cheer Tryouts: Friday, April 26th**

**Field Middle School Gym 5:00-8:00pm**

**Instructions:**

1. Read this packet in its entirety. There are some changes to the upcoming tryouts.
2. **Complete the cheerleading tryout application on Google Forms.** [2024/2025 Tryout Interest Form](#)
3. Choose your teachers and complete the teacher evaluations. See the teacher recommendation page at the end of the packet for changes and further directions.
4. Join the Cheer Tryout Google Classroom- Class code: **nun6fme** or use the link [2024-2025 Tryout Google Classroom](#)
5. **Friday, April 19th:** Teacher evaluations and online tryout interest form must be completed. If you have questions, please contact one of the coaches.
6. Show up for tryout practices **Monday, April 22nd- Wednesday, April 24th in the FMS gym from 5:00-8:00pm**
7. Tryout- **Friday, April 26th in the FMS gym from 5:00-8:00pm**
8. Check the results by picking up your envelope at FACA anytime after 12pm on Saturday, April 27th, 2024.

If you have any questions please feel free to contact any of the coaches:

Karly Easterling [karly.easterling@fieldlocalschools.org](mailto:karly.easterling@fieldlocalschools.org)

Elise Starkey [elise.starkey@fieldlocalschools.org](mailto:elise.starkey@fieldlocalschools.org)

Emily Rich [emily.rich@fieldlocalschools.org](mailto:emily.rich@fieldlocalschools.org)

## What to Expect

Athletes will indicate which teams, football, basketball, and competition they would like to tryout for on the Google Form. Once tryouts are completed, all decisions are final and no additional changes will be made.

**THERE WILL BE NO ADDITIONAL TRYOUTS FOR BASKETBALL OR COMPETITION.** Teams will be determined by highest average scores. **Expressing interest in a specific team does not guarantee you a spot on that team. \*We will only have a competition team if we have enough interest.\***

### **Tryout Practices:**

Athletes will learn a short cheer, a short dance, and review jumps. Athletes will also have to make up a chant with their tryout group. If a practice is missed, the athlete is responsible for learning what they have missed from another participant. Dress in cheer appropriate attire for practices. **The white shirt and expectations below are for the day of tryouts only!**

### **Cheerleading Tryouts:**

Each cheerleader trying out will be evaluated by at least two judges on a score sheet. Middle school athletes will only tryout with other middle school athletes, and high school athletes will only tryout with other high school athletes. Athletes trying out for any of the competition teams will also only tryout with other athletes trying out for competition teams as there will be additional tryout requirements. Cheerleaders will enter the gym by spiriting in with their group and performing the cheer, dance, and chant all together. Then, they will be asked to perform their jumps and tumbling (optional) individually. **Athletes may request to redo any part of the tryout if they feel it was unsatisfactory the first time.** Teacher evaluations and a short quiz will also go into each cheerleader's individual score. A study guide for these questions, as well as teacher evaluation sheets are provided at the end of this packet. Athletes are permitted to leave when they are finished with their tryout.

**TRYOUTS AND TRYOUT PRACTICES ARE CLOSED TO EVERYONE NOT TRYING OUT FOR A TEAM. PARENTS/GUARDIANS/FRIENDS MUST WAIT OUTSIDE OF THE SCHOOL BUILDING.**

### **What to wear/bring to tryouts:**

- Plain white T shirt (make sure your sports bra does not show through)
- Plain black shorts (NO SPANDEX!) (SOFFE Shorts are preferred)
- White no show socks
- Completely white tennis shoes (Cheer shoes are permitted)
- Hair pulled completely back out of your face (In a ponytail IF POSSIBLE)
- NO JEWELRY, NO HAIR BOWS (neutral nail polish ONLY with nail length that does not interfere with your ability to properly form fists.)
- A water bottle

## Study Guide for Quiz Questions

On **Wednesday**, cheerleaders will take a fill in the blank Alma Mater quiz and a multiple choice quiz pertaining to the sport(s) they will be cheering for. If a participant is trying out for both football and basketball they will receive questions pertaining to both seasons. It is highly encouraged that these questions and answers are studied not just for tryouts, but for the entire upcoming season. It is crucial that our cheerleaders understand the sports they are cheering for!

### **Alma Mater (5 points total)**

Proud within our rolling hillside, with our fields of grain.  
Stands our own dear Field High School  
always she will reign, she will reign.  
Hail to the our alma mater, never let her die  
With our colors, red and white  
Hail to thee Field High

### Potential Football Questions

1. Question: How many points is a touchdown worth? **Answer: 6 points**
2. Question: If the ball is kicked through the goal posts during the point after attempt, how many points does the team earn? **Answer: 1 point**
3. Question: If the ball is thrown or ran into the end zone during the point after attempt, the team is awarded how many extra points? **Answer: 2 points**
4. Question: How many points is a field goal? **Answer: 3 points**
5. Question: How many downs does each team have to move the ball 10 yards? **Answer: 4 downs**
6. Question: What is it called when a defensive player catches a ball thrown by an offensive player?  
**Answer: An interception**
7. Question: A first down for our team means that we are on offense or defense? **Answer: Offense**
8. Question: If we call a "hold that line cheer" it means that our team is on? **Answer: Defense**

### Potential Basketball Questions

1. Question: How is it determined which team has the first possession of the basketball? **Answer: tip off**
2. Question: How many points is a free throw worth? **Answer: 1 point**
3. Question: What is it called when a player recovers the ball after a missed shot and the ball bounces off the backboard or rim? **Answer: Rebound**
4. Question: How many players are allowed on the court at once from each team? **Answer: 5 players per team**
5. Question: How many points is a basket worth if shot inside the 3-point line? **Answer: 2 points**
6. Question: When the other team is shooting free throws we should call a \_\_\_\_\_ cheer. **Answer: Rebound**
7. Question: When our team shoots free throws, we should call a \_\_\_\_\_ cheer. **Answer: Sink it**
8. Question: When our team is dribbling the ball down the court we are on offense/defense? **Answer: Offense**

## **Teacher Recommendations**

Each athlete is required to have 5 teacher recommendations. **This year you will complete them electronically. Paper copies will only be given for extreme circumstances.**

**Electronic teacher evaluations:** email the link below to 5 teachers to complete a google form version of the questions below. It is still your responsibility to check that you have 5 teacher evaluations submitted by either checking with your teachers or by checking with Karly/Elise **BEFORE Friday, April 19th.**

### [2024-2025 Teacher Evaluations](#)

Be sure to check with Karly/Elise that your forms have been received.

\*\* Get started on this as soon as possible so that teachers can get it completed on time. **ALL FORMS ARE DUE BEFORE FRIDAY, April 19th.**

**Any forms NOT done by Friday, April 19 will not be accepted.**

**The paper form below will only be used in extreme circumstances.**

## 2024-2025 Field Cheerleading Tryout Teacher Recommendation

Teachers, it is important that we receive a recommendation from you regarding the students who wish to represent Field Local Schools as cheerleaders in the upcoming year. Please fill out the form below your name, sign your name, and pass it on to the next teacher. **Please do not give them back to the students!** If you are the last teacher listed, please seal this form in an envelope, write your signature over the seal, and place it in the cheerleading mailbox in the athletic office. **Please do not discuss these evaluations with the students!** The evaluation needs to be completed and turned into the cheer mailbox no later than **Friday, April 19th**. Please get started on them as soon as possible and pass them along to the next teacher.

**1= EXTREMELY POOR                      2                      3=GOOD                      4                      5=OUTSTANDING**

Cheerleader's Name: \_\_\_\_\_

Math Teacher's Name: \_\_\_\_\_ Signature: \_\_\_\_\_

Shows respect for teachers	1	2	3	4	5
Shows respect for peers	1	2	3	4	5
Shows dedication & good work ethic	1	2	3	4	5
Acts/Speaks/Dresses appropriately	1	2	3	4	5

History Teacher's Name: \_\_\_\_\_ Signature: \_\_\_\_\_

Shows respect for teachers	1	2	3	4	5
Shows respect for peers	1	2	3	4	5
Shows dedication & good work ethic	1	2	3	4	5
Acts/Speaks/Dresses appropriately	1	2	3	4	5

English Teacher's Name: \_\_\_\_\_ Signature: \_\_\_\_\_

Shows respect for teachers	1	2	3	4	5
Shows respect for peers	1	2	3	4	5
Shows dedication & good work ethic	1	2	3	4	5
Acts/Speaks/Dresses appropriately	1	2	3	4	5

Science Teacher's Name: \_\_\_\_\_ Signature: \_\_\_\_\_

Shows respect for teachers	1	2	3	4	5
Shows respect for peers	1	2	3	4	5
Shows dedication & good work ethic	1	2	3	4	5
Acts/Speaks/Dresses appropriately	1	2	3	4	5

Elective Teacher's Name: \_\_\_\_\_ Signature: \_\_\_\_\_

(Choose any current teacher you have for class)

Shows respect for teachers	1	2	3	4	5
Shows respect for peers	1	2	3	4	5
Shows dedication & good work ethic	1	2	3	4	5
Acts/Speaks/Dresses appropriately	1	2	3	4	5

**This is just a sample so you have an idea of what we are asking your teachers to share information with us about. This form is not to be used unless approved by Karly and Elise.**